

# QUEEN OF PEACE & BLESSED SACRAMENT

## FAST BEFORE THE FEAST 5K

Saturday, November 17th, 2018  
Ogles Neighborhood – Belleville, IL

### TIMES:

- **Fast Before the Feast 5K** start time: 9:00 am
- **Awards Ceremony:** 10:30 am

### COST:

- Adult: \$25
- 14 & under: \$15
- \*Guaranteed shirts for all races if registered by Nov. 9th

### LOCATION & COURSE:

- Course will utilize the streets of Ogles Neighborhood
- Parking is available at Our Lady Queen of Peace school

### REGISTRATION:

- By Mail/Drop off: Our Lady Queen of Peace School
- Online Registration: [www.itsyourrace.com](http://www.itsyourrace.com)



### ADDITIONAL INFORMATION:

- No refunds will be issued. Race will continue rain or shine
- Any questions or to volunteer please contact Emily at 618-567-4782 or [qpraiders@gmail.com](mailto:qpraiders@gmail.com)

### RACE DAY PACKET PICKUP – Queen of Peace School:

- Saturday, November 17th, 2018 at 7:30 am

**PROCEEDS:** All proceeds from the run will be benefit **Our Lady Queen of Peace** and **Blessed Sacrament** schools.

*Refreshments, snacks and Awards Ceremony following the race!*

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2018 Fast Before the Feast 5K

Please make checks payable to: **Our Lady Queen of Peace**

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_  
CITY/STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ GENDER \_\_\_\_\_ AGE \_\_\_\_\_  
EMAIL ADDRESS \_\_\_\_\_

SHIRT SIZE (please circle only one): ADULT: S M L XL XXL = **Please remember only guaranteed if pre-register.**  
YOUTH: S M L **Please no switching of sizes at registration pick-up.**

Waiver of Liability: In consideration of this entry, I the undersigned, intending to be legally bound to myself, heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Our Lady Queen of Peace or Blessed Sacrament Parishes or the City of Belleville and the representatives, successors, assignees and all sponsors for any and all injuries suffered by me in said event.

SIGNATURE \_\_\_\_\_ (If participant is under 18, parent or legal guardian)  
DATE \_\_\_\_\_