



THE ANCIENT ORDER OF HIBERNIAN'S present THE 19TH ANNUAL **'TOP OF THE MORNING'**



5K Run/Walk & 1/2-Mile Fun Run

Sunday, March 11th, 2018 @ Toolen's Running Start

TIME: 8:30 AM – 5K Run/Walk. The 1/2-Mile Kids Fun Run will immediately follow the completion of the 5K.

STORE LOCATION: 3260 Green Mount Crossing Drive, Shiloh, IL 62269.

Take Exit #16 from I-64 East. Turn right on Green Mount Road.

Turn left at next light, into the Green Mount Crossing Shopping Complex. Toolen's Running Start will be on your left.

COURSE: Course will be an out-and-back, starting & finishing at Toolen's Running Start.

AWARDS: The top 3 overall winners will receive trophies. The top 3 finishers in each age division will receive medals.

Medals will be given to all 1/2-Mile Kid Fun Run finishers. The Awards Presentation will be take place after the Fun Run.

DIVISIONS: 5K – Top Overall Male & Female; Masters (M & F); Age Groups (M & F): 10 & Under; 11 - 14; 15 - 19; 20 - 24; 25 - 29;

30 - 34; 35 - 39; 40 - 44; 45 - 49; 50 - 54; 55 - 59; 60 - 64; 65 - 69; 70 & Over. Fun Run – All Youth Ages 10 & Under.

PACKET PICK-UP: Friday, March 9th & Saturday, March 10th from 10 AM to 5 PM & on Race Day from 7 to 8 AM at Toolen's Running Start.

STORE DISCOUNT: **SAVE at LEAST 15%** on Shoes, Apparel & Accessory purchases during Packet Pick-Up Days & Race Day.

ENTRY FEES: Entry fee is \$25 (CASH/CHECK) if postmarked by Monday, February 26th. Late entries & Race Day entries will be \$30. Please make checks payable to *Ancient Order of Hibernians (AOH)* & mail to Toolen's Running Start.

Entries received by Monday, February 26th will be guaranteed a long-sleeve **performance** shirt. Entry fees are nonrefundable.

Race will be held rain or shine. *Online registration is also available* – please visit itsyourrace.com

ADDITIONAL INFO: Questions, Comments, Concerns? Please contact Toolen's Running Start at 618-628-9898 or runningstartsports.com.

DAYLIGHT SAVINGS

Special Reminder:
Daylight Savings Time begins on Race Day!
Don't forget to Spring Forward one hour prior to going to bed on Saturday night!

ALL PROCEEDS TO BENEFIT LOCAL ANCIENT ORDER OF HIBERNIAN CHARITIES

REFRESHMENTS, ATTENDANCE PRIZES, EGG & I PANCAKES & IRISH ENTERTAINMENT FOLLOWING THE RACE

FOR THE SAFETY OF ALL PARTICIPANTS – NO HEADSETS!

ALL STROLLERS & PARTICIPANTS WITH DOGS NEED TO START THE RACE NEAR THE BACK OF THE STARTING LINE

PLEASE NOTE: We will be using **CHIP TIMING!** Your chip will be given to you at Packet Pick-Up. Please provide all needed contact information on your registration form. Your registration will be held if you do not provide your contact information (phone number, email address and mail to address).



REGISTRATION FORM

2018 "TOP OF THE MORNING" 5K Run/Walk & 1/2 Mile Fun Run

PLEASE PRINT CLEARLY

Want to Register Online? Please visit itsyourrace.com

NAME: _____ ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE #: _____ GENDER: M / F AGE AS OF 3/11/18: _____

EMAIL ADDRESS: _____

RACE (circle only one): 5K Run/Walk Fun Run/Walk

SHIRT SIZE (circle only one): ADULT: S M L XL XXL CHILD: S M L XL

Waiver of Liability: In consideration of this entry, I the undersigned, intending to be legally bound hereby to myself, heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the A.O.H., Toolen's Running Start, the City of Shiloh, Green Mount Crossing, LLC, CAPLACO Mgmt. Co., and the representatives, successors, assignees, and all sponsors for any and all injuries suffered by me in said event.

SIGNATURE: _____

DATE: _____